

SEATED LEG PRESS

JXL - 507 - RBK - BL

A large seat and footplate are provided for better range and stability. The advanced design reduces spinal compression while allowing full range of motion in the movement. The X-Plus Series Seated Leg Press provides weight stack up to 400 lbs.



FEATURES

- ◆ **Ergonomic Design:** Ensures proper alignment to target lower body muscles while reducing joint strain.
- ◆ **Adjustable Seat & Backrest:** Customizable positions for all users ensure comfort and correct posture.
- ◆ **Smooth Resistance:** Precision weight stack delivers consistent and fluid motion.
- ◆ **Wide Foot Platform:** Non-slip surface supports varied foot positions for targeted training.
- ◆ **Core Stability:** Engages core muscles while focusing on lower-body strength

SPECIFICATIONS

DIMENSIONS:

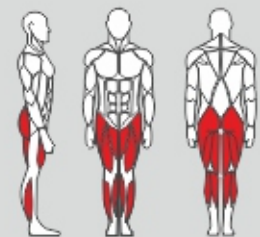
Length: 85 inches / 216 cms

Width: 44 inches / 112 cms

Height: 74 inches / 188 cms

Weight: 824.5 lbs / 374 kg

Weight stack: 400 lbs / 180 kg



MUSCLE WORKED: Quadriceps, Hamstrings, Glutes

COLOUR AVAILABLE: Dark Silver